



ST. JOSEPH HOSPITAL
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MEDICAL STAFF BRIEFS



A PUBLICATION FROM THE ST. JOSEPH HOSPITAL MEDICAL STAFF OFFICE

Aloha, Doctor's Day!

An "escape to the islands" is in store for the St. Joseph Hospital Medical Staff on Monday, March 31, as a way of saying "Mahalo" for your extraordinary dedication and commitment to year-round patient care and medical professionalism. A delicious luncheon will be presented from 11:30 a.m. to 2 p.m. in the Mother Louis Room, adjacent to the Cancer Center at 480 S. Batavia St. At this time the Doctor's Dining Room will be closed. While the hospital's Doctor's Day gifts are always popular, this year doctors were given the choice of four quality gifts: an Oxford shirt, a ball-point pen/stamp, a lightweight stethoscope or a pediatric stethoscope.

A warm and sincere thank you to all of our doctors. You're the best!

MEC and BOT Agree

The Medical Executive Committee and Board of Trustees agree that crew training is an integral and desirable part of providing ultimate patient safety in our operating rooms. They have agreed to provide crew training, free of cost, to all physicians and employees taking part in surgical procedures.

Training will be conducted from April 5 to 19. It will be interactive. After June 30, 2008, physicians who have not completed crew training will not be allowed to perform procedures in St. Joseph Hospital's facilities. **Ashok Kar, MD**, Chief of Staff, is writing a letter to the Medical Staff that will outline details of the process.

This training will establish St. Joseph Hospital physicians and staff as leaders in the nation regarding patient safety.

EMSOC doctors endow ER with TVs

As of March 14, patients were able to watch ER in the ER, thanks to the donation of 50 20-inch and five 32-inch LCD flat-screen televisions by the Emergency Medicine Specialists of Orange County (EMSOC). EMSOC's gift was made possible through monies donated by two patients in honor of ER Medical Director **James Pierog, MD**. According to Dr. Pierog, the TVs were donated to promote patient comfort and satisfaction and to enhance their emergency care experience.

EMSOC consists of 22 emergency physicians, 12 allied health professionals plus 51 scribes and three administrative staff members. In 2007, the St. Joseph Hospital Emergency dept. cared for a record-breaking 100,000-plus patients, making St. Joseph Hospital's ER the second busiest ER in the state of California.

Rehab gives CARES away

Congratulations to the following physicians who received CARE awards for supporting the mission of Physical Rehabilitation Services by providing excellent care to the St. Joseph Hospital community:

Anwar Abdelhadi, MD, InPatient Hospitalist
Roger Chang, MD, Inpatient Hospitalist
Brian Palafox, MD, Pulmonary/Thoracic Surgeon
Ian Bare, MD, Family Practice, Disney Occ.Health
Eric Lee, MD, Orthopedic Surgery
Ashok Kar, MD, Urologist, Pelvic Floor program
Scott Fischer, MD, Orthopedic Surgeon
Miguel Prietto, MD, Orthopedic Surgeon
Martin Weissman, MD, Urologist, Pelvic Floor program
Anita Gregory, MD, Colo-Rectal and General Surgeon, Pelvic Floor program

Physical Rehabilitation Services held its 10th Annual MD CARE Awards on March 4, 2008. The event included a reception and awards ceremony. Honorees received a plaque and a crystal engraved desk clock. CARE awards are based on the following criteria:

Communicates consistently patient needs to Rehab providers (acknowledges Rehab evaluation and treatment plans, consults therapists, orders rehab when appropriate).

Accepts and promotes the value of Rehab to patients and other health care providers. (Values therapists' input and importance of the role of Rehab, supportive of rehab efforts, includes rehab in patient care decisions)

Respects patients' rights and maintaining patients' dignity (Listens to patients and therapists and provides feedback, Goes the extra mile to communicate, provide comfort and support)

Encourages, educates and supports patients to utilize hospital and community resources (refers to outside agencies and programs as recommended by Rehab staff. Open to helping families explore all options in the community).

St. Joseph Hospital's online expansion

The "For Physicians Only" portion of the St. Joseph Hospital website has been broadened to include the onsite physician CME programs. Resources for physicians at http://www.sjo.org/For_Physicians_Only.aspx now include onsite and offsite physician education opportunities as well as Medical Staff Rules, Bylaws, leadership and past issues of the *Medical Staff*

Briefs.

Many physicians already take advantage of the 600 full text journals, online books, Clinical Evidence, OVID Medline, CINAHL and Cochrane evidence-based databases linked on our library web site. If you haven't visited lately, be sure to check it out www.burlewmedicallibrary.org (id = library passw= web).

Attending, from fairway to runway

St. Joseph Hospital's Foundation invites you to the 23rd Annual TODOS Golf Tournament on Monday, April 7, at Coto de Caza Golf & Racquet Club, and to the 12th Annual Circles of Life Fashion Show & Luncheon on Sunday, June 29 at the Anaheim Marriott. Both events benefit the St. Joseph Hospital Cancer Center, opening in July. To register please call (714) 771-8211.

Rest assured: Sleep Center accredited

The St. Joseph Hospital Sleep Disorders Center was recently re-accredited by The American Academy of Sleep Medicine. SJO received the highest honor by obtaining a three-year accreditation.

A coronary crystal ball?

St. Joseph Hospital's Women's Heart Center now offers ultra fast Electron Beam Computed Tomography (EBCT) Coronary Calcium Screening as part of its comprehensive HEART (Heart Evaluation And Risk Testing) Program. Through the HEART program, the Women's Heart Center seeks to identify those most likely to develop cardiovascular disease (CVD), intervene to decrease future risk of a heart attack, stroke, bypass surgery or angioplasty, and add years to the lives of men and women prone to CVD. A number of recent studies showed that coronary calcium detected by EBCT is more predictive of cardiac events than all the Framingham risk factors, for men and women, and for all ethnic groups.

These findings have prompted the American Heart Association and leading researchers to recommend coronary calcium screening as a useful predictive tool for identifying those with or at risk for cardiovascular disease.

"The EBCT screening for the intermediate-risk population definitely has merit since ruptured plaque causes 90 percent of all myocardial infarctions, and half of deaths due to CVD occur in asymptomatic individuals," states Cardiologist **Larry Santora, MD**. "Once identified, these individuals can benefit from intensive prevention strategies."

EBCT screening is provided as part of a comprehensive risk assessment offered for \$255/ It includes:

- Lipid profile (total cholesterol, HDL, triglycerides and glucose)
 - Cardiac risk profile
 - 50-minute consultation with a cardiac RN on hearty healthy nutrition and exercise
 - 12-lead electrocardiogram
 - Blood pressure & heart rate
 - Body Mass Index (BMI)
 - Physician referral as needed
 - Follow-up phone calls
 - Cardiac Risk Booklet
- For more information please call the Women's Heart Center at (866) 996-4278.



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