


The Center for  
Cancer Prevention and Treatment™

St. Joseph Hospital   
ST. JOSEPH  
HEALTH SYSTEM



**BREAST PROGRAM**

## BREAST PROGRAM

At the Breast Program at St. Joseph Hospital, our team of clinical experts is passionate about preventing breast cancer. That's why they actively participate in community-based programs that promote the importance of early detection through mammography and breast self-exams. Our clinical team is equally passionate about breast cancer research and advanced treatment options that can potentially cure cancer and preserve healthy breast tissue. This pursuit of early detection and clinical excellence accounts for Breast Program outcomes that exceed state and national standards.

## A TEAM APPROACH TO CARE

As pioneers in the field of breast cancer diagnosis and treatment, our Breast Program experts understand the importance of developing customized treatment plans that focus on the unique medical needs of each patient. Breast Program experts meet weekly to discuss each patient's unique medical needs.

### *These specialists include:*

- Breast Surgeons
- Medical Oncologists
- Radiation Oncologists
- Pathologists
- Radiologists
- Cancer Genetics Counselors
- Cancer Navigators
- Clinical Research Professionals
- Rehabilitation Specialists

### *Advanced treatment options:*

Working as a team, these caring experts utilize the most advanced therapies available to treat breast cancer and to preserve healthy tissue:

- Lumpectomy

- Mastectomy
- Oncoplasty, which preserves the breast's appearance by reshaping breast tissue after surgery
- Sentinel Node Biopsy, which often eliminates the need to remove multiple lymph nodes
- Reconstructive surgery to restore the breast's appearance after a mastectomy
- Nipple-Areola sparing surgery is a procedure that preserves the skin of the breast, nipple and areola area
- Hormone therapy, which can be used in all aspects of breast cancer treatment, including: initial prevention; preventing the cancer's recurrence; and preventing the cancer from spreading to other areas of the body
- Chemotherapy
- Intraoperative Radiation Therapy (IORT), which reduces the amount of radiation treatment needed
- External Beam Radiation Therapy, used after lumpectomy
- Intensity Modulated Radiation Therapy (IMRT), which delivers high doses of radiation directly to the tumor site while protecting healthy tissue
- Partial breast radiation delivered by an implanted device, which delivers radiation to the tumor site from inside the breast through a small catheter, rather than from an external beam
- Rehabilitation, a specialized program designed to meet a patient's individual needs during all phases of treatment





## MEETING YOUR PERSONAL NEEDS

Since each patient's treatment plan focuses on individual medical need, the Breast Program offers many additional services that can assist patients and their families throughout their treatment program and beyond.

### *These services include:*

- Clinical Trials
- Financial Counseling
- Genetic Counseling
- Interpreter Services
- Library and Resource Center
- Nutritional Counseling
- Palliative Care
- Pastoral Care
- Psychosocial Counseling
- Rehabilitation Programs
- Social Services
- Support Groups
- Survivorship Counseling



## CANCER NAVIGATORS

At The Center for Cancer Prevention and Treatment, we understand that cancer treatment can be stressful. In addition to medical procedures, office visits and medications, many patients must also handle insurance, financial and family-related issues. At times it can seem overwhelming. That's why our Cancer Navigators are such an important part of our patient care team. They help coordinate treatment plans, provide education, assist with insurance and financial issues, coordinate support group meetings, offer emotional support and much more. These caring experts all work together to help ease the stress of cancer treatment, enabling patients to focus on what's most important - healing.

## CLINICAL RESEARCH

The Breast Program participates in clinical trials that give breast cancer patients access to new medications, technologies and procedures frequently not available elsewhere. As the only hospital in California selected by the National Cancer Institute to participate in its Community Cancer Centers Program, St. Joseph Hospital is actively involved in conducting research that is shaping the future of cancer care.



## ABOUT ST. JOSEPH HOSPITAL

Founded in 1929, St. Joseph Hospital in Orange, California is a nationally recognized, 525-bed, not-for-profit Catholic hospital dedicated to extending the healing ministry of the Sisters of St. Joseph of Orange. Fully accredited by The Joint Commission and designated as a Magnet hospital for nursing excellence, St. Joseph Hospital's reputation for clinical excellence and compassionate, family-centered care draws patients from all over the United States. With a highly recognized 1,000-member medical staff and more than 3,800 support staff, St. Joseph Hospital is home to more than 75 specialty programs, including The Center for Cancer Prevention and Treatment, the Heart and Vascular Center and a nationally acclaimed Orthopedics program that has been ranked among the top 50 in the nation by *U.S. News & World Report*. Equally important is St. Joseph Hospital's dedication to caring for the medically underserved through health education programs, a free-standing medical and dental clinic and mobile health clinics. For more information, visit our website at [www.sjo.org](http://www.sjo.org).

