

St. Joseph Hospital Physician Education Conferences – February 01 -29, 2010

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Date	Event	Moderator/Speaker	Target Audience	Objectives	Comments
Friday, February 05 - 12:30pm Zoul Auditorium	Grand Rounds <i>Health Benefits of Fish Oil and Omega 3 Fatty Acids</i>	Jeffrey L. Fortuna, Dr. PH Faculty, Department of Health Science California State University, Fullerton Clinical Nutritionist, Newport Academy, Adolescent Eating Disorders/Drug Dependence Treatment Program	Primarily St. Joseph Hospital Medical Staff	<ul style="list-style-type: none"> Identify the cardiovascular benefits of Fish oil and other Omega 3 fatty acids. Describe the three different types of Omega 3 fatty acids, together with the best dietary sources. Cite at least one blood test that can be used to measure the ratio of Omega 6 fatty acids to Omega 3 fatty acids, such as the AA:EPA ratio. Describe the therapeutic benefits of fish oil as an augmenting therapy in the treatment of depression. Identify specific ethnic and cultural foods which are excellent source of Omega 3 fatty acids Analyze the competitive and beneficial inhibition of Omega 6 cytokines, such as Interleukin 6 and Tumor Necrosis factor when using pharmaceutical grade fish oil. 	
Friday, February 12 - 12:30pm Zoul Auditorium	Grand Rounds <i>NOT SCHEDULED</i>				
Friday, February 19 - 12:30pm Zoul Auditorium	Grand Rounds <i>The Role of Breast MRI in Clinical Practice</i>	Kimberly Ray, MD Radiology, St. Joseph Hospital	Primarily St. Joseph Hospital Medical Staff	<ul style="list-style-type: none"> Discuss age and sex in relation to breast cancer risk and who should undergo breast MRI screening. Describe common clinical applications of breast MRI, enabling primary care practitioners to understand when this test may be indicated. Identify high risk patients who may benefit from breast MRI screening. Enable clinicians to determine the potential benefits as well as potential drawbacks of additional testing with breast MRI. 	
Friday, February 26 - 12:30pm Zoul Auditorium	Grand Rounds <i>NOT SCHEDULED</i>				