

SURVIVORSHIP EDUCATION PROGRAM

Join us for a FREE Survivorship Education Program: A Group for Cancer Survivors and Their Families

This program is geared for those patients who have completed their first course of treatment for their specific disease

September 2, 2009

Communication with Medical Team
Stress Management

September 9, 2009

Nutrition and Healthy Lifestyle
Exercise

September 16, 2009

Communication with Family
(parenting, marital, sexual functioning)
Fear of Recurrence (transition, fear/anxiety, coping)

September 23, 2009

Bone Health and Menopause

September 30, 2009

Self-Discovery
Giving Back / Volunteering

October 7, 2009

Spirituality and Hope
Complementary Medicine

October 14, 2009

Fertility and Sexuality

October 21, 2009

Concentration, Memory Changes, and Return to Work

October 28, 2009

Nutrition and Healthy Lifestyle
Symptom Management and Survivorship

When: Every Wednesday, September 2 - October 28, 2009
6 - 8 p.m.

Where: The Center for Cancer Prevention and Treatment at St. Joseph Hospital
Infusion Lobby, 2nd Floor
1000 W. La Veta Ave.
Orange, CA 92868

Register: Please call 714-734-6294
Registration is Required


www.sjo.org/cancer



THE CANCER REVOLUTION IS



The Center for
Cancer Prevention and Treatment™

St. Joseph Hospital 
ST. JOSEPH
HEALTH SYSTEM