This issue of the Monitor focuses on a topic that has widely been swept under the rug until now. Mental illness has become an epidemic that touches everyone. Whether it’s through a family member, friend, colleague or neighbor, every individual encounters mental illness at some point in their life.

In fact, mental illness is prevalent all around us. Although Orange County is full of affluent communities, statistics show we have the largest increase in suicide rates nationwide. This is proof that mental illness does not discriminate based on socioeconomic status, race, gender or age. County leaders are finally addressing the mental health crisis with the recent passing of Senate Bill 1273, which will secure funding for crisis stabilization centers across the county. These centers will be equipped to provide psychiatric care to patients experiencing mental health crises, as well as free up hospital emergency departments for patients with medical emergencies. Although these efforts will help to reduce the volume of psychiatric patients in emergency departments county-wide, the shortage of beds remains an issue.

St. Joseph Hospital has the busiest emergency department and the oldest Behavioral Health Services (BHS) unit in Orange County. The process of triaging psychiatric patients from our Psychiatric Emergency Clinical Decision Unit (PECDU) into our inpatient BHS unit is often problematic because of our patient to bed ratio. Currently, our inpatient unit has 36 beds – 24 of which are arranged in four-bed rooms and 12 in semi-private rooms – that are rarely fully utilized due to patients’ gender and acuity. As clinical leaders in treating mental illness, we recognize that in order to continue to provide the highest quality care and preserve the dignity of our patients, we must make significant improvements to our 51-year-old BHS unit and programs. That’s why we have embarked on a journey to raise funds to support both physical and programmatic expansion of our Behavioral Health Services.

The first phase of improvements will involve converting 2-South (located above our south lobby) into two distinct BHS units: one for chemical dependency patients and the other for psychiatric patients with co-occurring medical conditions. Each unit will have 12 beds in semi-private rooms. The additional 24 beds will enhance patient care by creating space for distinct programs focused on treating specific conditions while allowing us to keep patients with similar diagnoses together. In addition, the physical expansion of the unit will reduce the triage time from the PECDU to the inpatient unit, thus enhancing the patient experience.

Overall, these improvements will contribute to better patient outcomes throughout the continuum of care.

Celebration 2016 will kick off our fundraising efforts for Behavioral Health Services, which is a component of our Innovating for a Healthier Community comprehensive campaign. We invite you to join us in our journey to transform mental health in Orange County and remain at the forefront in providing mental health care. Your continued support helps us extend our mission to improve the health and quality of life of the people in the communities we serve.

Steven C. Moreau
President and Chief Executive Officer
St. Joseph Hospital
Behavioral Health Center of Excellence
Expanding the Capacity and Enriching the Programs of Behavioral Health Services to Provide for a Healthier Community

Making good on its commitment to provide the best in caring for body, mind and spirit for our community, St. Joseph Hospital is a longtime leader in neuro-psychiatric and substance use disorders treatment in our Behavioral Health Center of Excellence. More than 5,000 patients annually depend on comprehensive and compassionate programs honed by more than 50 years of experience.

Clinicians from specialized fields within behavioral health work closely with patients, putting in place individualized treatment plans designed to educate our patients about their illness and assist them on their path to recovery and independence.

Whether the patient requires 24-hour inpatient care, partial hospitalization or outpatient services, the behavioral health programs are rooted in a core mission “to provide a safe therapeutic environment that promotes physical, spiritual and psychological health and wellness.”

Unfortunately, as highly-respected as St. Joseph Hospital is in the community for the behavioral health services it provides, the number of beds dedicated to treating the mentally ill is the same today as it was in 1966 when the population of our county was less than half the size it is today. Now, through your generous philanthropic support, you have the opportunity to help provide additional beds and new services with more specialized treatment in a safe, therapeutic and healing environment.

The new behavioral health expansion project is also the first behavioral health facility renovation in several decades that will both increase the number of inpatient behavioral health beds from 36 to a total of 48, and also eliminate all 4-bed wards. Patient satisfaction, and in turn their openness to treatment, will be significantly improved when all of our patients have a semi-private or private room in one of four specialized units.

Beyond the significant increase in capacity, new services previously not possible due to limitation of space will be offered. Improved patient satisfaction from home-like surroundings will also provide improved personal privacy and treatment in a smaller, more focused group of no more than twelve patients with similar treatment needs. These factors result in an overall improvement in the quality of our care.

Expanding the Capacity and Enriching the Programs of Behavioral Health Services to Provide for a Healthier Community

ENHANCEMENT PROJECTS
- Patients who present as a danger to themselves or others or who are acutely symptomatic requiring more behavior management will be provided treatment in a safe environment on our existing and renovated 12-bed unit with an emphasis on safety, symptom management and stabilization.
- Patients who do not pose a danger to themselves or others, or patients who have been stabilized on the most acute unit, will be admitted or transferred to the renovated and expanded 12-bed adult unit (Level III) which will have new areas for program, for socialization and for family visitation in a less restrictive environment.

EXPANSION PROJECTS
- For patients who require specialized care due to co-occurring psychiatric and medical conditions and may require a medical procedure or specialized nursing care, a new 12-bed inpatient unit will be created immediately adjacent to the Emergency Care Center.
- For patients suffering from Substance Use Disorders, a separate 12-bed unit with larger group program areas and communal spaces will provide a comfortable and supportive environment where patients will begin their journey of recovery.

Never before has the need been greater for the addition of new and renovation of existing behavioral health beds at St. Joseph Hospital. The need is obvious and it is urgent.

Just consider: approximately 25% of adults in America and 20% of young people ages 13 through 18 experience symptoms of mental illness in any given year, and Orange County is not immune from the implications of such disturbing statistics. Lacking a county hospital, Orange County also lacks an adequate number of beds to treat those suffering from neuro-psychiatric illnesses and/or substance use disorders. In fact, a report from the World Health Organization stated that Orange County had the highest increase in the rate of suicides of any urban county in the nation, an increase of 45% between 2000 and 2010.

St. Joseph Hospital’s Emergency Care Center serves more behavioral health patients than any other hospital in Orange County. Nearly 50% of the total psychiatric admissions to all St. Joseph Hoag Health hospitals across Orange County come to St. Joseph Hospital.

The first phase of this project has a philanthropic goal of $2 million. Those passionate about the Behavioral Health Center of Excellence enhancement and expansion project will be able to positively affect countywide quality of life and help to establish a much-needed safe haven that will make a life-changing — even life-saving — difference to thousands of patients every year.

To learn more about this project and how your support can impact our community, please visit sjoe.org/campaign or contact the Foundation at (714) 347-7900 or foundation@stjoe.org.
St. Joseph Hospital Golf Tournament

Raised More Than $230,000 For New Structural Heart Disease Program

St. Joseph Hospital hosted its annual golf tournament on April 18, 2016 at a new location — the Pelican Hill Golf Club in Newport Beach. “You couldn’t have asked for a better day or location to host the hospital’s annual golf tournament,” said Joseph Conway, President of Diversified Investment Services, Inc. and Chair of the 2016 St. Joseph Hospital Golf Tournament.

More than 260 golfers attended in support of the Structural Heart Disease Program at St. Joseph Hospital. During the event, golfers were treated to bourbon tasting stations and on course lunch by Lucillo’s BBQ, Outback Steakhouse and Chef TLC. To continue the fun, attendees enjoyed raffles, a bourbon wall, and an awards dinner with a motivational speech by Dick Butkus. The Dick Butkus Heart and Vascular Screening Program at St. Joseph Hospital provides complete and comprehensive care to those suffering with cardiac or vascular disease.

Thanks to the outstanding work of the Golf Committee led by Conway, the tournament raised more than $230,000. Proceeds from the event directly supported the Structural Heart Disease Program which concentrates on correcting congenital and serious heart conditions that have traditionally required open-heart surgery using minimally invasive techniques.

St. Joseph Hospital would like to thank all of the sponsors, underwriters, donors and players for making this event a success.

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2016 GOLF TOURNAMENT

THANK YOU TO OUR

TOP LEFT: JOE CONWAY, CHAIR, WITH GOLF COMMITTEE MEMBER SCOTT BERLINSKI
TOP RIGHT: STEVE MOREAU, PRESIDENT AND CEO, DR. AND MRS. SANTORA, BRIAN KOLSKI, MD, AND DICK BUTKUS
BOTTOM LEFT: MELISSA RUDOLPH, MD, LINDA PIEROG, DNP, ANITA YORK, MD, AND CHARLENE JIMMELL
BOTTOM RIGHT: PUTTING CONTEST

Continuity of Care for our most vulnerable patients

By providing affordable care to people who otherwise wouldn’t have access to it, we can address medical and wellbeing issues at the start, before they become expensive chronic conditions that end up costing so much more.

The Care for the Poor Endowment — a permanent, self-sustaining source of funding for the Care for the Poor program — ensures that the most vulnerable within our community continue to have access to health and wellbeing services they truly need. Making good on its commitment to providing the best care for the body, mind and spirit of our community, La Amistad de Jose now has the much needed services of a counselor and a psychiatrist — truly providing care for the body, mind and spirit. Services being provided include:

« Access to a psychiatrist and a Marriage and Family Therapy counselor
« Individualized treatment plans leading to recovery

St. Joseph Hospital continues to meet the growing needs of the community by offering care in a healing environment and welcomes all. “At the end of the day, "says Timothy Brown, Executive Director of St. Jude Neighborhood Health Centers, “we exist because of the generosity of individuals in this community who understand the importance of providing care to anyone and everyone who needs it.”

To learn more about the Care for the Poor program and how you can make an investment in the health of those less fortunate, through the Endowment, contact the foundation at (714) 347-7900.

Save the Date

2017 Golf Tournament will be held on Monday, April 24, 2017 at The Resort at Pelican Hill – Pelican Hill Golf Club

Foundation News from St. Joseph Hospital

SJO.ORG/WAYSTOGIVE

7
Research shows that mental illness affects tens of millions of people each year and often disrupts families and personal relationships. In fact, one in four adults age 18 and older have a diagnosable mental disorder. In addition, mental illness is responsible for 25 percent of the nation’s homeless population.

“Mental illness touches everyone at some point in their life. Whether it’s a friend, family member or co-worker, everyone knows someone who suffers with a mental health condition,” said Himasiri De Silva, MD, board-certified psychiatrist and medical director of Behavioral Health Services. For more than 50 years, St. Joseph Hospital has been an innovative leader in serving this growing patient population. Our multidisciplinary team of clinical experts is dedicated to providing comprehensive care to patients throughout diagnosis, treatment and follow-up care. Although St. Joseph Hospital offers both inpatient and outpatient programs, specialized psychiatric emergency care, and resources for patients and their families, the growing number of psychiatric patients continues to increase.

Tom Loats, MSW, MPA, director of Behavioral Health Services, explained the impact of mental illness. “It is a national crisis that affects every community in America. In fact, we have the largest suicide rate increase in the nation right here in Orange County,” said Loats. “There’s also a shortage of psychiatric beds and comprehensive programs throughout the county, making effective management and treatment challenging.”

Currently, there are only 354 psychiatric beds for patients in Orange County. St. Joseph Hospital has a total of 36 inpatient beds, but rarely utilizes all of them simultaneously due to patients’ gender and health conditions. This is an even larger issue being that more than 5,000 psychiatric patients visit St. Joseph Hospital’s Emergency Care Center each year.

“Our greatest challenge is to continue to provide high-quality, cost-effective psychiatric care in a rapidly changing health care environment. Through philanthropic support and by raising awareness, we will overcome these barriers and continue to pave the way in treating mental illness in our community,” Loats said.

St. Joseph Hospital is on a journey to transform the delivery of care for mental health patients across Orange County. Through structural and programmatic expansion, advocacy, community partnerships and focused treatment programs, St. Joseph Hospital will remain committed to erasing the stigma, ensuring that patients receive the treatment they deserve.
Circles of Life Celebrates 20th Year!

Twenty-five cancer patients and survivors took a courageous walk down the runway at the 20th Anniversary Circles of Life Fashion Show and Luncheon “Remember, Reflect, Rejoice” at the Hilton Anaheim Hotel on June 26. The event proved to be a success by raising more than $118,000 for The Center for Cancer Prevention and Treatment’s Cancer Navigator Program.

“So much has changed in health care and cancer treatment since the first Fashion Show. The models, volunteers, medical staff and navigators have made the fashion show a powerful experience and it brings awareness to important programs such as the Cancer Navigator Program we’re supporting. The Cancer Navigators at St. Joseph Hospital’s Center for Cancer Prevention and Treatment help guide patients and their families through every phase of the cancer experience. This event has been an incredible blessing in our lives and for our community. Diana Margileth and I feel honored to have been the co-chairs for the 20th Anniversary,” said Deborah Johnston, Co-Chair.

“The Cancer Navigator program was structured to meet the needs of our cancer patients with a goal to help patients through the challenge of cancer and to have quality of life,” shared Lawrence Wagman, MD, Executive Medical Director of The Center for Cancer Prevention and Treatment. “Each patient has a unique and personal relationship with their navigator based on their needs and the treatment they are going through.”

“Marilyn and I are so pleased to be a part of the 20th Anniversary of the fashion show. Marilyn was an integral part in the start of the fashion show twenty years ago and it has been a special event to us from day one. It’s an event that we look forward to each and every year,” shared James Padova, MD, Honorary Co-Chair.

Over 750 attendees enjoyed a champagne reception, silent auction, raffle drawing, the very popular mystery bags, luncheon and an inspiring fashion show. This year’s guests also enjoyed music by The Ellis Island Boys from Disneyland Resort.

The Circles of Life Fashion Show is an annual event for the St. Joseph Hospital Foundation and has continuously supported our cancer program throughout its 20 year history. This year’s proceeds support the Cancer Navigator Program, a priority of the Innovating for a Healthier Community comprehensive campaign.
Leon Colafrancesco firmly believes in the mission of St. Joseph Hospital. With more than 30 years as a Certified Financial Planner in the financial planning industry, Leon, who also serves on the Foundation’s Finance committee, hopes to bring his financial, planned giving, and investment knowledge to his new role. “I feel blessed to be able to give back to our community. I’ve been a part of many boards over the years and I truly feel a connection with the mission and values of St. Joseph Hospital.”

John L. Dal Poggetto

“St. Joseph Hospital is our family hospital and has been for many generations,” shares John L. Dal Poggetto. It’s this special connection that led to a role within the connecting care committee and then to the board of directors at St. Joseph Hospital Foundation. As the current managing partner of Serra Health Consulting, a healthcare technology consulting company, John has a good understanding of the challenges that doctors, health systems and patients are facing.

Eileen Doody

As a real estate consultant, Eileen Doody is focused on letting owners know about the charitable giving options that are available. Eileen has been St. Joseph Hospital’s leasing consultant for over a decade and has been an active member on the golf committee for over 12 years. “I’m so grateful to work with the hospital and to be able to introduce the hospital’s mission and wonderful services to other businesses.”

Charlene Immell

Charlene Immell has had many influential roles within the foundation. Serving both on the foundation board of directors and Celebration committee, Charlene brings a spirit of philanthropy, volunteerism, and enthusiasm to every role. She is a visionary leader and supports the hospital’s campaign and events to further the mission of St. Joseph Hospital. “I love the hospital and I encourage others to support St. Joseph Hospital.”

The IRA Charitable Rollover is Permanent!

How You Can Benefit

Are you looking for an easy way to help the causes you care the most about?

Congress has extended the IRA charitable rollover and made it permanent. With the IRA charitable rollover, you can make a gift from your IRA account to help support the work of our hospital. Gifts made from your IRA (up to $100,000 per year) are not reportable as taxable income. They also qualify for your required minimum distribution (RMD) which can lower your income and taxes.

It is essential that donors consult their advisors and work closely with their IRA custodians to assess each individual situation. Consult your tax advisors when considering any planned gift.

To learn more about the benefits of making an IRA charitable rollover gift, please contact Carolyn White or Monica Hunter at (714) 347-7900. Visit our website at www.sjogift.org.
In Appreciation

First Time Donors to St. Joseph Hospital

Through generous pledges and contributions, the individuals, corporations, community organizations and foundations listed below continue to help St. Joseph Hospital expand its mission to improve the health and quality of life for the people in the communities we serve. We would like to recognize all gifts; however, because of space limitations, this list recognizes first-time donors who made outright gifts or pledges of $100 or more between January 1, 2016 and June 30, 2016. Each gift received is important and makes a significant difference at St. Joseph Hospital. We sincerely thank all of our friends for their philanthropic support.

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- **Credit card**
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- **Foundation event tickets, tables or underwriting (such as the Celebration, Golf Tournament and Fashion Show)**
- **Naming St. Joseph Hospital in your will, living trust or estate plans**
- **Creating a charitable gift annuity, charitable trust or other tax-advantaged gift arrangement**
- **Gifts of appreciated assets such as securities or real estate**
- **Direct debit of funds from your checking account to fulfill a pledge**
- **Donate online at [www.sjo.org/donate](http://www.sjo.org/donate)**

Individual annual gifts of $500 and above are recognized through Presidential Partners. Corporations and businesses that give cumulative gifts of $1,000 annually qualify as Corporate Partners. Cumulative gifts of $10,000 and above are recognized on the Hospital Main Lobby Wall. Donors making cumulative gifts of $100,000 or more are invited to become members of the Foundation Family Hospitality program. Estate gifts are recognized by membership in the Sister Frances Dunn Legacy Society. For more information, contact the Foundation at (714) 347-7900 or at foundation@stjoe.org.
Save the Date

ST. JOSEPH HOSPITAL 2017 GOLF TOURNAMENT
APRIL 24, 2017

Supporting the St. Joseph Hospital
Behavioral Health Center of Excellence

Monthly Giving

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