

**St. Joseph Hospital Imaging
Department of Computed Tomography (CT)**

What is a CT Guided Injection?

A CT Guided Injection uses the images produced by a CT scanner to help guide radiologists perform an injection, usually to treat pain. Not all injections are given in the same location and the type of medications used, if any, can vary.

Before your injection

- Do not eat or drink after midnight the day before your scheduled appointment.
- Talk to your doctor about stopping blood thinners several days before the injection.
- Laboratory tests before the injection will be required.
- Arrange for someone to drive you home after the injection.
- A Radiology Department staff member will contact you with specific instructions 1-2 days before your appointment.

Please arrive early as instructed prior to your appointment.

Please register at the Information Desk in the South Lobby of St. Joseph Hospital.

During your injection

The radiologist will perform the procedure using a local anesthetic to numb the area. The nurse and CT technologist will be assisting the radiologist. You will be awake for the procedure. The radiologist will be giving you instructions during the procedure.

After your injection

You will stay at the hospital a minimum of one hour after your procedure. Discharge instructions will be given to you at that time. The day after the procedure you will receive a follow up call by a nurse asking how you are doing. The technologist will not be able to give you any results. The results will be available to the doctor who ordered the scan within one to two business days.

Thank you

We are honored that you have selected St. Joseph Hospital to serve your healthcare needs.