

**St. Joseph Hospital Imaging
Department of Computed Tomography (CT)**

What is a CT Guided Kidney Biopsy?

During a CT Guided Kidney Biopsy a fine needle is gently inserted through the back (flank) and into the kidney to obtain a tissue sample. The radiologist uses the detailed images produced by the Computerized Tomography (CT) scan for guidance.

Before your biopsy

- A Radiology Department staff member will contact you with specific instructions 1-2 days before your appointment.
- Talk to your doctor about stopping blood thinners several days before your biopsy. Instructions will be given at the time of scheduling.
- Laboratory tests before the biopsy will be required.
- Do not eat or drink after midnight before your scheduled appointment.
- Arrange for someone to drive you home after the biopsy

Please arrive 90 minutes prior to your appointment time.

Please register at the Information Desk in the South Lobby of St. Joseph Hospital.

During your biopsy

The radiologist will perform the procedure using a local anesthetic to numb the area. The nurse and CT technologist will be assisting the radiologist. You will be awake for the procedure. The radiologist will be giving you instructions during the procedure.

After your biopsy

You will stay at the hospital a minimum of one hour after your procedure. Discharge instructions will be given to you at that time. The day after the procedure you will receive a follow up call by a nurse asking how you are doing. The technologist will not be able to give you any results. The results will be available to the doctor who ordered the scan within one to two business days.

Thank you

We are honored that you have selected St. Joseph Hospital to serve your healthcare needs.